



# CLARINS

Book your Spa experience:



BOOK NOW

## CLARINS PROFESSIONAL TREATMENTS

Expertise you can feel.  
Results you can see.

## OUR MISSION

Clarins Spa Treatments embody the art of a professional, personalized touch, a unique savoir-faire practised for over 70 years in our Beauty Institutes. They are also the exceptional combination of the power of plants and science which delivers effective, visible results on the skin, while bringing well-being and balance.



# OUR STORY

It all began in the first Clarins Institute on rue Tronchet, Paris. It was 1954 when Jacques Courtin-Clarins opened this pioneering establishment where he presented his holistic vision of beauty: beauty, well-being and health are one and the same. Here he encouraged a dialogue with his clients. Very happy with the tailor-made solutions offered at his Institute, more and more clients came to “test” the Clarins technique and the first 100% plant extract Oils. The results, both immediate and long-lasting, were there. And with them, success!

This “Spa” vision, influenced from the start by the brand’s founder, continues to inspire today’s Treatments, products and techniques.



“I wanted to make a connection between medicine and beauty, between science and the cosmetic world”.

Jacques Courtin-Clarins

# CLARINS PROFESSIONAL BEAUTY

The science of touch is at the very heart of how Clarins' story began. Thanks to their hands' sensitive nature and instinctive precision, Clarins Beauty Therapists (estheticians) understand the skin's needs and compose a targeted beauty response and help create a feeling of exceptional well-being. They draw energy from within themselves which helps guide a made-to-measure dialogue with the skin.

During a Clarins Spa Treatment, both hands are in action. The same hand movement can produce totally different benefits. Depending on the surface and weight of the hand in contact with the skin, along with the speed of the movement, all of this helps stimulate blood and lymphatic circulation as well as the circulation of energy. The body is deeply detoxified and drained. Every hand movement counts. This unique method is 100% manual and consists of 450 different movements. With more than 20 days of training, all estheticians trained by Clarins learn these movements and practice them every day.

The Clarins Spa experience is founded on the perfect synergy between hands that are capable of 'reading' the skin, and Clarins proven PRO formulas, highly concentrated in plant extracts to offer optimal results and promote a feeling of overall well-being. At home, this feeling continues thanks to Clarins application methods and nutrition & lifestyle tips for a holistic approach to beauty and well-being.



**90 EXPERT HAND MOVEMENTS.  
PER TREATMENT.  
EACH PERSONALIZED TO YOU.**



# CLARINS MIXOLOGIE THE ART OF PROFESSIONAL BLENDING

At Clarins Spas, Clarins estheticians mix product formulas together to personalize the Spa Treatment and target any specific additional needs in phase with the client's lifestyle. The result leads to a new texture that is perfectly adapted to massage.

If some "mixes" are only used in the Spa, others can be suggested to our clients as a way to boost their routine and promote a moment of well-being. These "mixes" are truly exceptional expert secrets.




**BEHIND EVERY WINNING  
FORMULA, UP TO 300 TRIALS  
TO GET IT JUST RIGHT.**



# PLANTS, OUR SCIENCE

ClarinsPRO products are formulated by Clarins Research and used exclusively in Clarins Spa Treatments. These professional formulas are derived from the latest botanical discoveries and scientific innovations which combine plant extracts, essential oils and molecules in their most optimal and effective concentration. For every single one, up to 300 trials and 250 tests were carried out.

Their textures have a remarkable sensoriality and were created to facilitate hand movements. They can be mixed easily together to create a personalized beauty response and promote optimal results.



OVER 100  
SENSORIAL TEXTURES  
THAT SPEAK TO SKIN.

# CLARINS PROFESSIONAL TREATMENTS

Over 2,000 Clarins Beauty Therapists across the world receive in-depth, ongoing training which is among the best in the Spa universe, to acquire and enrich Clarins savoir-faire. So they know better than anyone how to offer you customized Treatments.

Our Treatment offer is the result of our Institute expertise, listening to women and also listening to our Beauty Therapists who fulfill all your desires and meet all your skin's needs.

# 01.

## CUSTOMIZED EXPERT TREATMENTS FOR THE FACE & BODY

The Beauty Therapist personalizes the choice of plant extract formulas and subtly adapts the pressure of her hands, to stimulate the microcirculation and lymphatic drainage. It's a moment of pure well-being, delivering optimal effectiveness: the skin is wonderfully smooth, the complexion radiant and facial features are relaxed. This is the Clarins signature!





# 01.

EXPERT  
TREATMENTS  
FOR THE FACE  
& BODY

## FACIAL TREATMENTS

Thanks to formulas enriched in plant extracts, combined with the perfectly adapted hand movements of the therapist, Clarins takes care of you. A 25-minute massage lies at the heart of these personalized treatments that offer optimal efficacy, with immediate and long-lasting results; a massage that helps smooth, shape, firm and relax.

**60 MINUTES - 115 EUROS**

### YOUTH EXPERT

After a skin diagnosis, this customized Treatment is adapted to your skin's needs and your particular beauty wishes: stressed skin, skin that lacks firmness, skin weakened by hormonal changes, etc. Whatever your age, this Treatment visibly reduces both first fine lines and deep-set wrinkles, and smoothes the features. Skin is firmer and more toned and your complexion more luminous.

### POWER HYDRATOR

This Treatment pampers dry or weakened skin and is ideal for restoring comfort, softness and radiance. Dehydration fine lines are plumped and feelings of tightness disappear. Your skin is supple and pleasant to the touch again.



# 01.

## EXPERT TREATMENTS FOR THE FACE & BODY

**60 MINUTES - 115 EUROS**

### **BRIGHTENING ACTIVATOR**

Achieve a flawless, radiant-looking complexion and less noticeable dark spots. The plant extracts used offer double oxygenation benefits to help your skin 'breathe' better: your complexion looks more even and regains a rosy, transparent glow; skin is revived, hydrated and instantly more beautiful.

### **LIFTING SHAPER**

This high-performing treatment helps redefine facial contours: it refines, lifts and firms. The facial oval is better defined, the appearance of a double chin is diminished. You'll feel lighter and look more radiant.





# 01.

EXPERT  
TREATMENTS  
FOR THE FACE  
& BODY

## FOR HIM

After creating the ClarinsMen range incorporating the best plant ingredients, Clarins continues to take care of you with this Facial Treatment adapted to your needs and wishes.

**60 MINUTES - 115 EUROS**

### ENERGIZING FACIAL FOR MEN

Take a break! This energizing Face Treatment is specially designed for men's skin which is exposed to external aggressions and irritated by shaving. It purifies, moisturizes and reduces the look of wrinkles and dark circles and energizes the skin. A complete Treatment which brings a deep and immediate feeling of well-being. You look relaxed, rested and totally re-energized.



**Bison grass**  
Energizes  
and soothes



# 01.

EXPERT  
TREATMENTS  
FOR THE FACE  
& BODY

## BODY TREATMENTS

Clarins, the Body Care specialist, offers a specific solution to every beauty concern. Thanks to high-performing formulas concentrated in plant extracts and to Clarins expert touch, you'll experience a made-to-measure treatment with proven efficacy<sup>1</sup>.



Hazel  
Nourishes the skin

**60 MINUTES – 150 EUROS**

### BODY RENEW

The wear of day-to-day life can sometimes be stressful. This blissfully relaxing body exfoliation treatment is here to enhance not just your body, but also your mind. We start with a gentle exfoliation to detox and renew, then add an indulgent layer of lotion for deep hydration. You'll leave feeling refreshed and energised, every time.

**30 MINUTES – 55 EUROS**

### BODY RENEW

A perfect treat as an add-on. Gentle exfoliation to detox and renew your skin before the Clarins body Treatment or massage of your choice.





# 01.

## EXPERT TREATMENTS FOR THE FACE & BODY

**60 MINUTES - 115 EUROS**

### SUMMER GLOW

A complete “sun-kissed” treatment for any occasion. Includes the application of self-tanning products. It delivers a natural-looking, perfectly even sun kissed glow for the face and body that looks as luminous as if you just got back from a beach vacation. Your skin is left soft, hydrated, and glowing with beauty.

**60 MINUTES - 115 EUROS**

### BODY SILHOUETTE

In this treatment we combine draining and detoxifying massage with potent plant enriched products to enhance your silhouette. Like all our treatments, we'll start with a comprehensive skin analysis so we can best tailor it to you and your body. From firming to tightening to brightening and rehydrating, we'll make sure you leave feeling your most confident.

1.Reduction of 0.42 cm on the thigh.  
Clinical study carried out on 26 women after a Body Silhouette Treatment.

# 02.

## FEEL GOOD TREATMENTS

Need to relax? Stressed out? Looking for a revitalizing boost? Thanks to the beneficial properties of essential oils, enjoy a unique sensorial experience which delights all the senses.



## MASSAGES

Clarins massages are like no other: they adapt to your needs and revive all of your senses. They stimulate, tone, relax, revitalize and soothe. The magic of the expert hand movements carried out by Clarins therapists work with the delicious aromatic and phytotherapeutic benefits of our exclusive, natural products. Complete relaxation and a unique sensorial experience guaranteed.

**60 MINUTES - 115 EUROS**

### REBALANCING MASSAGE WITH ESSENTIAL OILS

A massage which releases muscle tension, relaxes the body and restores energies. More or less deep depending on the degree of muscle tension and your wishes, the massage is carried out using either Tonic Treatment Oil to stimulate the body and mind, or Relax Treatment Oil for a sensation of total relaxation.







## TREATMENT PACKAGE

Buy 5 treatments and receive a complimentary 6th treatment. Applicable to all face and body treatments.

# 02.

FEEL GOOD  
TREATMENTS

## PREGNANCY TREATMENT

Pregnancy is one of the most beautiful moments in a woman's life. It's an amazing journey of surprises and usually marks a newfound appreciation of your incredible body and what it can do. From simple exercise ideas and makeup advice to pregnancy lotions and stretch mark creams — Clarins is here to help make you feel beautiful throughout your journey into motherhood and beyond.

Roman  
camomile  
Soothes

**60 MINUTES - 115 EUROS**

### MOTHER-TO-BE

Nourish and soothe your growing bump with our ultra-pampering Clarins mum-to-be treatment. Whether you're only just starting to show or nearing your due date, a Clarins mother-to-be massage is the perfect way to prepare yourself for welcoming a new life into the world. Using our most gentle selected products, we'll nourish stretched skin, whilst improving its tone and elasticity. Our massage releases tensions, reduces heaviness in the legs, and gives you permission to think about nothing other than yourself for an hour.





## 02. OPEN SPA & COACHING

“Express” treatments and tailor-made application tips for all the days of your life, including the most beautiful! Booking is highly recommended to avoid disappointment.

### UNIQUE COACHING, FROM CLARINS. BEAUTY IS IN YOUR HANDS

Make an appointment with your new beauty routine. By learning the Clarins techniques, you will not only do your skin a world of good but also maximize the effectiveness of all your skin care and make-up products.

#### 60 MINUTES - 60 EUROS

##### GET READY WITH US\*

Have a special event planned? Whether it's a birthday, a dinner, a cocktail party...or you just want to have fun with makeup, we are here to help you with your smoky eye or glowing complexion.

#### 30 MINUTES - 45 EUROS

##### BYE DRY SKIN

Incredibly soft and comfortable skin despite daily environmental aggressors... Get it now!

##### READY TO GLOW

The instant radiance boost. Wave goodbye to signs of fatigue and a dull complexion.

##### YOUTH EXPRESS

Need firming up? This is the treatment for your skin, for a firm, smooth and rested face.

##### SOS DETOX

The treatment that helps restore radiance, freshness and balance to asphyxiated skin.

##### EYE MUST

Close your eyes and let your eye contour be refreshed and smoothed. Instant, visible results guaranteed.

##### SKIN ENERGIZER FOR MEN

The express treatment for men to restore clean, clear, energised skin.

#### 30 MINUTES - 30 EUROS

##### READY TO LEARN\*

You'll never apply make-up the same way, after this class. Get to learn the right techniques with the right products for a routine adapted to your skin's needs.

\*Price is redeemable against purchase.

# FLASH EXPERT SERVICES

Our Spa expertise is available in “condensed” versions. Choose the options that suit you, according to your schedule and needs.

## 01. OUR COMPLIMENTARY SERVICES

Treatments and Make-Up Sessions lasting 5 or 15 minutes which provide skin with the essentials, for an instant beauty boost.

### 5 MINUTES

#### A WEIGHT OFF YOUR SHOULDERS

Unwind from the stress of everyday life with our neck and shoulder massage. Our beauty coaches will use their expert hands to release any tension in your neck and shoulders.

#### HANDS ON

Treat your hands with our expert massage and leave feeling rested, soothed and revived.

### 15 MINUTES

#### DISCOVER YOUR SKIN

In this unique-to-us diagnosis, our beauty coaches will use their expert hands to understand your skin and recommend you a personalised product ritual.

They will also put together a complimentary selection of samples, that suit your skin care or make-up needs.

### 15 MINUTES

#### GLOW GIRL!

##### Focus on Complexion

Discover the perfect complexion routine and leave with a radiant glow. We'll apply it for you, so you can experience the full effect of plant-powered make-up made for skin.

#### HAPPY COLOURS!

##### Focus on Lips or Eyes

We'll help you pick the perfect colour of eyeshadow or lipstick from our make for skin range. We'll apply it for you, highlighting your beautiful features.

### 60 MINUTES - 50 EUROS

#### MAKE-UP ONE-TO-ONE

For an hour, you'll get to take full advantage of unique professional advice you can put to good use. With our beauty experts, discover textures and shades that suit you and learn application techniques. You'll look magnificent, you'll feel beautiful.

Price is fully redeemable with purchase.

#### CLARINS MAKE-UP

“Clarins offers a range of make-up products adapted to all women, created to provide a moment of pleasure while taking care of your skin, day after day.”





CLARINS  
*Precious*

## RARE. LIKE THE MOONLIGHT FLOWER.

A rare flower unique in the world, whose powerful cryoextract helps to preserve younger-looking skin.

### Rare. Like a unique association.

The Clarins professional method combined with ancestral Asian methods and a protocol developed by our Facialist, Marie Depoulain. The perfect, customized treatment method combined with the exceptional key ingredients found in CLARINS PRECIOUS skin care range.

### Rare. Like exceptional results.

For all women from age 25. It delivers instant results on micro-tension in the face, wrinkles are visibly reduced and the skin's radiance is revived. It has a plumping "lift" effect and facial contours are redefined.

### Rare. Like an unforgettable experience.

Lulled by soothing Precious music, experience deep, intense and sensorial relaxation.

3 PRECIOUS EXPERIENCES. 3 RARE OPTIONS.

60 minutes: €195 • 90 minutes: €220 • 120 minutes: €290

By extending the Precious Treatment beyond 60 minutes, you will deepen the experience on the upper body and enjoy unique benefits.



THE BEE SANCTUARY OF IRELAND



CLARINS DOMAINE



# RESPONSIBLE BEAUTY

Protecting biodiversity, fair trade, helping children in need, supporting medical research... Clarins has always been committed to a more sustainable, ethical beauty.

## CLARINS T.R.U.S.T.

Your product traced from the field to you

TRACEABILITY - RESPONSIBILITY - UNIQUENESS - SAFETY - TRANSPARENCY



Thanks to Clarins T.R.U.S.T., a platform based on blockchain technology, you can access the entire preparation and

manufacturing process of each skincare products, as well as the expertise used and the plants that compose it: from their geographical origins to harvesting methods and certifications.

Scan to discover!



## OSCAR'S KIDS:



Yav and Lar Keogh created 'Oscar's Kids' charity in honour of their son Oscar, diagnosed with terminal brain cancer in January 2018

and passing in July 2019. Guided by Oscar's bravery and joy, their mission supports families and children with terminal cancer at every stage. The charity operates in Ireland and the US, creating an international network for paediatric cancer patients. Clarins Ireland proudly supports 'Oscar's Kids' through an affiliate family program, the Christmas Toy Drive, and the "Magic Moments" initiative for Kids Club Members. Clarins Ireland is committed to raising awareness of the charity and its essential work.

### MARY'S MEALS:



In 2024, Clarins partners with Mary's Meals, a charity providing daily meals to children in the world's poorest regions since 2002. This

partnership supports education and offers hope by combating hunger and malnutrition. Clarins customers contribute through purchases, funding 10 meals when spending over a certain amount and receiving a beauty purse or Mary's Meals bag. Clarins aims to provide 3 million school meals annually.

### DOMAINE CLARINS... THE PEAK OF BEAUTY.



On this unique, protected site covering 10 hectares at the heart of the Alps, free of air and land pollution, Clarins grows and harvests its own

plants following the seasons and respecting nature. This Domaine is also a genuine open-air laboratory where Research teams can study plants, experiment with new ones and enrich Clarins Herbarium as new plant discoveries are made.

### BEE SANCTUARY OF IRELAND:



Since 1954, Clarins has respected nature and people by using plant extracts in its products.

This commitment led to a partnership with The Bee Sanctuary of Ireland, the world's only true native wild bee sanctuary.

Run by Paul Handrick, Clare-Louise Donelan, and their children, the sanctuary focuses on protecting native wild bees and educating on reversing their decline. Clarins Ireland supports the sanctuary financially and practically, helping develop its 55-acre habitat by planting 250 trees, sowing a wildflower meadow, and creating a 'Living Reception' area. Clarins will continue to support and raise awareness of the sanctuary locally and internationally.



# SPA ETIQUETTE

## **APPOINTMENTS**

To fully enjoy your treatment(s) with us, please arrive at least 10 minutes before your appointment. This will allow you prepare, relax and immerse yourself in the Clarins Spa experience.

## **RESCHEDULING AND CANCELLATION**

For your information, bookings can be changed or cancelled up to 24 hours beforehand free of charge. However, if you do not arrive for your appointment with at least more than once, we reserve the right to charge you 50% of your total treatment cost or deduct it from your gift voucher. Lastly, in the event that your designated member of staff is unable to perform your treatment, we reserve the right to cancel your appointment via email.

## **HEALTH**

Please inform us of any health problems, allergies or injuries which may interfere with the Treatment. If in doubt, please see your Doctor before you book. The Spa is a non-medicalized environment and all Treatments are for your well-being only.

## **RESPECT FOR OTHERS**

The Spa is a place of peace, harmony and well-being. To fully benefit from your experience and to show respect for other clients, smoking and the use of mobile phones is forbidden. Animals are not allowed in Treatment rooms.

## **RESPONSIBILITY**

Clarins cannot be held responsible in the event of loss, theft, or damage of personal items in the Spa.

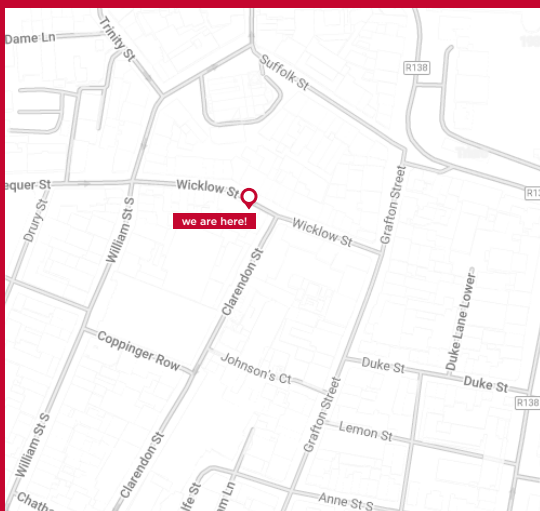
## **SERVICE PACKAGES AND GIFT VOUCHERS**

These are non-transferable, non-exchangeable and valid for 5 years after the date of purchase. Beyond this period, the requested service or Gift Card is deemed invalid. Gift cards purchased on CLARINS.IE or in Clarins Ireland Boutique & Spa can be redeemed both in Clarins Ireland Boutique & Spa and on CLARINS.IE.





BOOK YOUR SPA EXPERIENCE



Clarins Boutique & Spa,  
33-34 Wicklow St, Dublin 02 | D02 FF63  
Tel: (01) 572 5960 | 087 479 0199

Monday 10 am – 6 pm | Tuesday 10 am – 6 pm | Wednesday 10 am – 6 pm  
Thursday 10 am – 8 pm | Friday 10 am – 7 pm | Saturday 9 am – 6 pm  
Sunday 11 am – 6 pm

FIND US ON INSTAGRAM AND FACEBOOK @CLARINSIRELAND

CLARINS

WWW.CLARINS.IE